

Mount Druit Learning Ground

Has fully qualified professional staff with backgrounds in psychology, social work, education, family dynamics and teaching, and a team of highly skilled volunteers.

Enablers Program gives us mentoring support, the gift of self-appreciation and delight in the growth of others.



Program Sponsored by
Neilson Foundation
Danks Trust

LEARNING GROUND CAN HELP
ALL AGE GROUPS

Mount Druit Learning Ground Offers:

MONDAYS	Adolescent Program 12 — 16 Years 10.15am to 2.30pm Older Adolescent Program 17 — 21 Years 3.15pm to 5.15pm
TUESDAY	Family Skills Program for Parents, Grand- parents and Child Carers. Enablers Program For those wanting to improve communication skills, know where they want to go and why, and develop leadership skills.
WEDNESDAY	Younger People's Program 10 — 12 Years 10.15am to 2.00pm
THURSDAY	Relationships 18 — 30 Years 6.00pm to 8.00pm
FRIDAY	Youth Club Adolescents 12 — 17 Years 6.00pm to 8.00pm

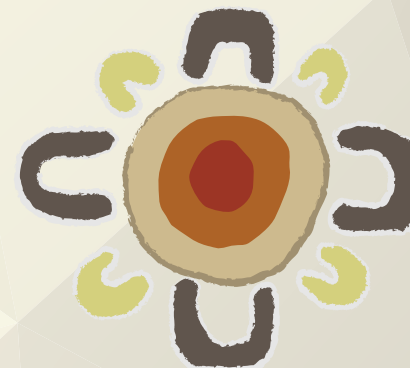
ENABLERS PROGRAM BOOK NOW:

Term 1	February 16 — March 22 (excl. March 1)
Term 2	May 10 — June 7
Term 3	August 2 — August 30
Term 4	October 18 — November 15

ENQUIRIES AND BOOKINGS
Phone Debbie: 0417 420 620
Email: info@chainreaction.org.au

Or phone office leaving contact details:
(02) 9953 3287

Mount Druit Learning Ground



learning ground

Behavioural Change Management Centre
Bidwill Square, Bidwill

ENABLERS PROGRAM
FOR ADULTS SEEKING SELF-
UNDERSTANDING AND LEADERSHIP SKILLS



EACH ONE TEACH ONE

Would you like to:

LEARN:

To communicate better with family, friends, workmates or others.

LEARN:

How to step up to be recognized more significantly by family or in your local community.

ENJOY:

Feeling better about yourself and others around you.

TO KNOW:

What you want and where you want to go over next several years.

DEVELOP:

Stronger listening and communication skills, which could lead to joining the workforce, new kind of work, a promotion or considerable change.

If you said YES to any of the above the ENABLERS PROGRAM is for you.

BOOK NOW to avoid disappointment – No Charge and Light meal provided

Enablers Program

Is for family members over 18, for community workers, older age students, teachers, public servants, those seeking employment, people active in resident's groups, church groups, clubs, sporting organisations

It is also intended for those who want to start afresh, have experienced personal life changing events, recovering from illness, recently moved house or suffering grief and loss.



"The Enablers Program gave me back my mojo."
— **Community worker**

"Enablers made me understand what makes me tick, and my partner too."
— **Mother of teens**

"I get out of bed believing I can these days."
— **Recovering alcoholic**

"I could hardly believe six months after Enablers I applied for a much better job and got it."
— **Young man**

Enablers Program

Examines how we grow and how we relate to others

PHYSICALLY:

Think about ourselves, how we present to others, and how we see others in our lives

INTELLECTUALLY:

The triggers that have been and still are tools we use to educate our minds and interact with others

EMOTIONALLY:

Examining the differences between thinking and feeling. An analyses of the principle feelings of love and fear and how they affect lives, ours and those of others

SOCIALLY:

Thinking about the effects of past and future content on how we grow from human interaction in the choices made each day – leadership development

SPIRITUALLY:

The place of something bigger than ourselves outside of ourselves and how we find or experience the "wow" moments of life